



Position: Prenatal Fitness and Barre Instructors

Start Date: September (Training in July or August)

Location: Various locations in Vancouver and on the North Shore

Contact: Melanie Osmack, director of Fit 4 Two® melanie@fit4two.ca

We are seeking outgoing, energetic, positive, experienced and certified fitness professionals to join our team. We have several Prenatal Fitness and Barre classes in Vancouver and North Vancouver opening up in September. Training will take place in July or August.

Requirements

- Certification/Insurance as a group fitness or Pilates instructor
- Certification as a pre and postnatal fitness specialist (or commitment to completing the training)
- In-house training. Fit 4 Two funds this training and you will earn 5-10 BCRPA CECs. It includes reading our Fit 4 Two® Training Manuals, creating two class plans, observing one class and teaching part of 2 classes.

Mindset

You will be a fantastic fit if you are positive, energetic, conscious of others and driven. You will have a heart for new moms, babies and moms-to-be. You will strive to always be improving as an instructor. You will understand that our classes are about more than physical fitness and that they are equally about connecting women and building community. You will be comfortable working both independently and as part of a team.

Pay Scale

- \$40/class

Benefits

- Complimentary Fit 4 Two classes (space permitting)
- 50% rebate (after teaching with Fit 4 Two® for 6 months) on the PPFS course (16 BCRPA CECs) if needed
- 5-10 free BCRPA CECs (in-house training)
- A positive, supportive teaching environment

A note for parents

Due to the nature of our business, we find that some applicants assume they can bring their baby or child to work/class. Please note that for everyone's safety, this is not permitted.

To Apply

Please send a job-specific cover letter and resume to info@fit4two.ca attention to Melanie Osmack by June 29, 2018. Please note which class types you are interested in teaching, your availability, and when you can begin training.