



Contract Position: Prenatal and Postnatal Barre Instructor(s)

Location: Vancouver

Available classes:

Fit 4 Two® Prenatal Barre Tuesdays 6:00-7:00pm at Creekside Community Centre
Fit 4 Two® Mom & Baby Barre Mondays 1:00-2:00pm at Hillcrest Community Centre
Fit 4 Two® Mom & Baby Barre Thursdays 1:00-2:00pm at Trout Lake Community Centre
Fit 4 Two® Mom & Baby Barre Fridays 10:00-11:00am at Creekside Community Centre

Preference will be given to those who can teach at least 2-4 classes a week and who have experience teaching and/or participating in barre style fitness classes.

Requirements

- Certification/Insurance as a group fitness or Pilates instructor
- Certification as a pre and postnatal fitness specialist (or commitment to completing the training)
- In-house training. Fit 4 Two funds this training and you will earn 10 BCRPA CECs. It includes reading our Fit 4 Two® Prenatal/Mom & Baby Barre Manuals, creating two class plans for each class type, observing one of each class types and teaching part of 2 classes.

Mindset

You will be a fantastic fit if you are positive, energetic, conscious of others and driven. You will have a heart for new moms, babies and moms-to-be. You will strive to always be improving as an instructor. You will understand that our classes are about more than physical fitness and that they are equally about connecting women and building community. You will be comfortable working both independently and as part of a team.

Pay Scale

- \$40/class

Benefits

- Complimentary Fit 4 Two classes (space permitting)
- 50% rebate (after teaching with Fit 4 Two® for 6 months) on the PPFs course (16 BCRPA CECs) if needed
- 10 free BCRPA CECs (in-house training)
- A positive, supportive teaching environment

Start Date

Shadowing will take place in January with a goal of the successful applicant teaching the class independently by early to mid-February.

A note for parents

Due to the nature of our business, we find that some applicants assume they can bring their baby or child to work/class. Please note that for everyone's safety, this is not permitted.

To Apply

Please send a job-specific cover letter and resume to info@fit4two.ca attention to Melanie Osmack by January 13, 2017. Please note which classes you are interested in teaching and when you can begin training.