



**Contract Position: Mom & Baby Fitness Instructor**

**Location: Vancouver**

**Available classes:**

Fit 4 Two® Mom & Baby Fitness Wednesday 12:15-1:15pm at Douglas Park Community Centre

**Requirements**

- Group Fitness Certification/Insurance
- Pre and Postnatal Fitness Specialist Certification (or commitment to completing certification)
- In-house training. Fit 4 Two® funds this training and you will earn 5 BCRPA CECs. It includes reading our Fit 4 Two® Mom & Baby Fitness Manual, creating two class plans, observing/participating in a class and then teaching part of 2 classes.

**Mindset**

You will be a fantastic fit if you are positive, energetic and motivated to keep your music and class plans fresh. You will be sensitive to the unique needs of new moms, babies and moms-to-be. You will be participant-focused and always strive to grow as an instructor. You will understand that our classes are about more than physical fitness and that they are equally about connecting women and building community. You will be comfortable working both independently and as part of a team.

**Pay Scale**

- \$40/class

**Benefits**

- Complimentary Fit 4 Two® classes (space permitting)
- 50% rebate (after teaching with Fit 4 Two® for 6 months) on the PPFs course (16 BCRPA CECs) if needed
- 5 free BCRPA CECs (in-house training)
- A positive, supportive teaching environment

**Start Date**

Shadowing will take place in January with a goal of the successful applicant teaching the class independently by late January.

**A note for parents**

Due to the nature of our business, we find that some applicants assume they can bring their baby or child to work/class. Please note that for everyone's safety, this is not permitted.

**To Apply**

Please send a job-specific cover letter and resume to [info@fit4two.ca](mailto:info@fit4two.ca) attention to Melanie Osmack by January 7, 2019. Please note which classes you are interested in teaching and when you can begin training.