



Contract Position: Prenatal Fitness Instructor
Location: Yaletown, Vancouver

Available classes:

Fit 4 Two® Prenatal Fitness Wednesdays 7:00-8:00pm

Requirements

- Group Fitness or Personal Trainer Certification/Insurance
- Pre and Postnatal Fitness Specialist Certification (or commitment to completing certification)
- In-house training. Fit 4 Two® funds this training and you will earn 5 BCRPA CECs. It includes reading our Fit 4 Two® Prenatal Fitness Manual, creating two class plans, observing/participating in a class and then teaching part of at least 2 classes.

Mindset

You will be a fantastic fit if you are positive, energetic and are motivated to keep your playlists fresh. You will be sensitive to the unique needs of new moms, babies and moms-to-be. You will be participant-focused and always strive to grow as an instructor. You will understand that our classes are about more than physical fitness and that they are equally about connecting women and building community. You will be comfortable working both independently and as part of a team.

Pay Scale

- \$40/class

Benefits

- Complimentary Fit 4 Two® classes (space permitting)
- 50% rebate (after teaching with Fit 4 Two® for 6 months) on the PPFs course (16 BCRPA CECs) if needed
- 5 free BCRPA CECs (in-house training)
- A positive, supportive teaching environment

Start Date

Shadowing will take place at everyone's earliest convenience with a goal of the successful applicant teaching the class independently by mid-February.

A note for parents

Due to the nature of our business, we find that some applicants assume they can bring their baby or child to work/class. Please note that for everyone's safety, this is not permitted.

To Apply

Please send a job-specific cover letter and resume to info@fit4two.ca attention to Melanie Osmack by January 31, 2019. Please note which posting(s) you are applying for (class type, day, location) and when you can begin training.